



## THE STANDARD

### DEPARTMENTAL STAFF

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### *The Mission*

*To provide students with the academic skills and motivation needed to complete high school, enter a four-year college/university, and complete it successfully.*



### MESSAGE FROM THE DIRECTOR

Welcome to "The Standard." The Fall 2018 edition of The Standard will provide an overview of Summer Component 2018. As we transition to Academic Year Component 2018-2019, we will continue to strive to achieve a Standard of "Creative Excellence" that will ensure successful futures for our UB participants!

During Summer Component 2018, we focused on the "Harlem Renaissance" period. The overall theme was, **"Neo-Renaissance: A Rebirth of Creative Excellence."** The goal of our summer experience, so eloquently spoken by Sandra Matlock, workshop presenter, was to: (1) Provide accurate information on influential African Americans of the Harlem Renaissance Era and how their struggles, mishaps and successes can be used as powerful guides to "Self-Awareness" and "Creative Excellence: (2) To offer tools to assist students to confront and overcome inner struggles that rob them of the assurance and self-confidence necessary for success; (3) To encourage students to experience a rebirth of creative excellence as they develop and pour out their gifts and talents on the waiting world; and (4) To encourage students to acknowledge and appreciate the worn shoulders, broken bodies, and weary back of men and women on which they now rise."

"The Standard" includes the following (1) An overview of Summer Component 2018; (2) Bridge Update; (3) UB Academic Honors (2017-2018); Parent Association Update; Educational Tips and more!!! Enjoy!!!

## *A. Rebirth of Creative Excellence*

# Summer Component 2018

## The Upward Bound Program "Creed"

*I Am An Upward Bound Scholar!  
I adhere to the Upward Bound  
"Mission"*

- ◆ To complete high school
- ◆ To enter a college or university
- ◆ To successfully complete the academic requirements necessary for college/university graduation.

*I Am An Upward Bound Scholar!  
I adhere to the Upward Bound  
"Standards of Conduct"*

- ◆ I represent Upward Bound and present myself as a role model in and out of the classroom.
- ◆ I stand ready to support and encourage all Upward Bound scholars... academically, socially and culturally.

*I Am An Upward Bound Scholar!  
I adhere to the Upward Bound  
"Standard of Excellence"*

- ◆ I am intelligent, responsible, disciplined, respectful, strong and courageous.
- ◆ I strive to obtain and maintain high academic honors.
- ◆ I maintain a positive attitude, at all times.

*I Am An Upward Bound Scholar!*

## Summer Quick Facts

- Dates: June 18 – July 28, 2018
- Summer Colors: Gold, Black, Gray
- Summer Trip: New York City
- Theme: "Harlem Renaissance: A Rebirth of Creative Excellence."



## Self-Awareness Week

Self-Awareness Week is an opportunity for Upward Bound participants to explore their "Self-Identity" in a positive and supportive environment. Students participated in workshops that incorporated the summer theme, focusing on the following:

### Self-Awareness Workshops

**Glenda Horton-Manning – Motivational Speaker**  
"The Power of Words: Who Said What, When, And Why?"

**Glenn & Sandra Matlock – Nazareth Project**  
"Neo Renaissance: A Rebirth of Creative Excellence: The Conception, The Birth, The Rebirth"

**Reggie Singleton – Mecklenburg County Health Dept.**  
"Journey Through the African-American Experience"





## Self-Awareness Week (Continued)



## Self-Awareness Week (Continued)

### God's Trombones (Seven Negro Sermons in Verse)



JAMES WELDON JOHNSON  
*God's Trombones*  
Seven Negro Sermons in Verse

On June 19, 2018, UB participants went to the Blumenthal Theater to see “**God’s Trombones.**” *God’s Trombones*, written by **James Weldon Johnson** is a compilation of sermons that are presented to capture the passion, rhythm and pacing of “the old-time Negro preacher.” In *God’s Trombones*, written at the height of the Harlem Renaissance, Johnson honors the contributions of African American preachers and demonstrates the artistry of their preaching. These preachers are compared to “trombones” rather than to other musical instruments, because the trombone, of all the wind instruments, most closely resembles the human voice in its range.





## Career Day



**George Acheampong, Upward Bound Alumnus** was the guest speaker for Career Day. Mr. Acheampong is North Carolina's #1 Financial Planner for Melanin Millennials. He is the founder and Principal of Makes Cent 2 Me, Inc. Since the beginning of his career he has been passionately committed to helping others live the lifestyle they've always wanted today, while planning the legacy they will leave tomorrow. His mission is: *"To increase the quality of life of others, keep families together, break generational curses and to build lasting legacies of significance, purpose and worth."*

Makes Cents 2 Me, Inc is a registered investment advisory firm based in Charlotte NC. The focus is to help clients unlock the ideal lifestyle they want to live today, while planning for the legacy tomorrow. This is accomplished by uncovering opportunities within an individual's current financial resources and realign them in a way that best suits their desired lifestyle; which will help the individual enjoy more of what matters to them.

George is a Graduate of the University of North Carolina at Greensboro where he received a Bachelor's degree in Marketing and Economics from the Bryan School of Business.



# The Business of Learning



**Never  
STOP  
Learning**



One of the goals of the Upward Bound Program is to challenge participants academically. This goal was accomplished during Summer Component 2018. Students were required to take classes in the core curriculum (English, Math, Science and Foreign Language), Life Long Learning and Electives.

## **Core Curriculum:**

**English** (1-4) – Maxine Hedgepeth

**Math** (Math I, Math II) - Malik Richardson

**Math** (Math III, AFM, Pre-Calculus and Calculus) – Dwight Dunn

**Spanish** (All Levels) – Isabel Gaitan

**Science** (Earth & Environmental, Biology, Chemistry, Physics) – Candace Hamlin

## **Life-Long Learning:**

**Math/Science Project** (9<sup>th</sup> Grade) – Candace Hamlin

**Public Speaking** (10<sup>th</sup> Grade) - Patricia James

**Genealogy** (11<sup>th</sup> Grade) – Kimberly Harvin

**Speech Communication** (12<sup>th</sup> Grade) - Professor Jemayne King

**College Prep** – (12<sup>th</sup> Grade) - Andrana Lee

**Critical Movie Review** – Magdalyn Lowe-Smith

## **Electives:**

**Dance** – Cierra Lacey

**Music/Choir** – Kimberly Duncan

**Spoken Word** – Sheriane Breland, Shyasia Hall

**Art** – Natoya Dunn





# *Congratulations!!! Upward Bound Class of 2018*

## **Bridge Student Update**

Ten (10) UB students graduated from high school and participated in the Bridge Program during Summer Component 2018. The Bridge experience provided them with the opportunity to complete College English 101 under the instruction of Mr. Jemayne King, Career Research, and Bridge 101. Credit hours for College English 101 has been transferred to the college/universities that each student is attending, which are as follows:

Keyanna Carey – Johnson & Wales  
Hydia Glenn – Johnson C. Smith University  
Briana Harden – North Carolina Central University  
Jonte' Haywood – Central Piedmont Community College  
Caleb Hooks – Central Piedmont Community College  
Ja'Dajah Mahatha – Johnson C. Smith University  
Breana Nixon – Central Piedmont Community College  
Deionna Sadler – Winston Salem State University  
Tagee Short – Central Piedmont Community College  
Ke'Asia Snipes – University of North Carolina @ Greensboro



# Bridge Testimonials

Keyanna Carey



Being a part of the Upward Bound Program has impacted my life and taught me many things. I have learned to do everything in the "Spirit of Excellence" and take pride in everything I do...I feel prepared for college because UB helped me with procrastination, time management and communication skills on a college level.

Hydia Glenn



My matriculation through Upward Bound has been a great experience. My freshman year, I was quiet, shy and only talked to one person. However, the teachers never gave up on me. UB has taught me so much and showed me how college life really is. But most importantly, it showed me how much other people care for you, not just your parents, but strangers as well.

Briana Harden



Before entering Upward Bound I didn't care much about displaying excellence in everything I do. This mindset was reflected in my grades. When I joined UB, Ms. Lowe stressed the importance of going above and beyond in school and your daily life instead of being just average. As a result, I made honor roll during my junior and senior year. I will be attending NCCU, majoring in nursing. Thanks to UB, where the "Standard is Excellence."

Jonte' Haywood



By far, I wouldn't have been exposed to so many resources without Upward Bound. The teachers are the best...very patient and will stay there with you until you learn. I am thankful for my teacher Ms. Hedgepath, because no matter what, she was always willing to tell me what to do and what not to do. The path is paved already. Now it's time for me to use the path and make a path for others to follow.

Caleb Hooks



The Upward Bound Program has been nothing but beneficial to me since I joined. There's no telling where I would be if I never committed to this program. UB pulled me out of the abyss I felt I was falling into when it came to academics. I was a timid and laconic person when I entered, but UB opened me up as a person. UB has granted me with many blessings. I will never forget what this program has done for me and my future.

Ja'Dajah Mahatha



Being in Upward Bound taught me a lot about who I am and what I am going to become. During my matriculation, I had the opportunity to build relationships, experience college life on campus, manage my time and get exposure to other career opportunity settings. Because of my participation in UB, I am prepared for college. I have a lot of memories and I will always use what I have learned from this program throughout the rest of my life.



## Bridge Testimonials (Continued)

Breana Nixon



Upward Bound has provided me great opportunities in the 4.5 years of being involved in the program. From gaining knowledge, to be ahead in school and learning skills that will help me to succeed in college and the real world, to traveling to different places and attending Bridge...Mrs. Lowe-Smith, Mrs. King and the teachers have worked diligently to ensure my success.

Deionna Sadler



Upward Bound has done tremendous things for me from helping me with challenging school work to letting me experience college-life on campus. Due to the encouragement and assistance of Mr. Dunn (my Math III and Pre-Cal teacher), I was able to pass both classes. Mr. King (College Communications) taught me to be confident in what I was talking about. Special thanks to you all.

Tagee Short



The Upward Bound Program has been a light from God. It exposed me to a more subliminal world...brought me out of my shell...my conscious mind went from minuscule to ambitious. The program challenged me to explore my personal attributes. UB has prepared me to chase my future life goals...to stay conscious, have pride in myself and chase goals with persistence. UB encouraged me to outshine the dark and think beyond the unimaginable.

Ke'Asia Snipes



My breaking point in Upward Bound was when I took Dance for an elective. I was withdrawn and nervous at the thought of getting up and performing in front of people. However, my last two years in the program I saw a complete change in myself. I began interacting with everyone and we all became a big family. I also was pushing myself hard in my classes. This program has helped me open and become a more extroverted person. I am so thankful for the UB program.



## Academic Honors & Awards

On Friday, July 20, 2018 the Upward Bound Program celebrated with an end of year Awards Ceremony. Students were given special recognition for their academic honors as well as other categories selected by staff. The following awards were granted for the 2017-2018 program year (June 1, 2017 – May 31, 2018) and Summer Component 2018.

### Certificate of Achievement – Academic Year (2017-2018)

#### **3.0 – 3.5**

Sha'Mya Alexander  
Emely Bedoy  
Keyanna Carey  
Nina Lucas  
Deionna Sadler  
Tagee Short  
Ke'Asia Snipes

#### **3.6 – 3.9**

Markashia Bates  
Elias Bethea  
Anaya Bowden  
Isaiah Lawrence  
Jaylen McMahand

#### **4.0 – +**

Martha Guardado  
Briana Harden  
Caleb Hooks  
Mekhiyah Howze  
Pierre Matthews  
Briana Nixon  
Jasmine Roseboro  
Amaya Schofield

### Certificate of Achievement – Summer Component 2018



#### **3.0 – 4.0**



Sha'Mya Alexander  
Jamaal Allen  
Daniel Alvarenga  
Markashia Bates  
Emely Bedoy  
Elias Bethea  
Anthony Contreras  
Martha Guardado  
Valentina Hernandez

Mekhiyah Howze  
Isaiah Lawrence  
Nina Lucas  
Ebin Matthews  
Gabriel Matthews  
Jaylen McMahand  
Narya Mungo  
Treshawn Pickett

Catoria Pinkney  
Jah-Kara Reid  
Jasmine Roseboro  
Janaiyah Roseboro  
Anyah Schofield  
Aushante Simmons  
Nalaysia Summers



# Awards Ceremony - Plaques



## Participation Award

*Isaiah Lawrence – Jonte' Haywood*

## Award of Excellence (Highest GPA) 2017 - 2018

*Pierre Matthews (4.500)*

## Award of Excellence (Highest GPA) – Summer

*Martha Guardado (4.0)*

## New Comer of the Year

*Nina Lucas*

## Bridge Awards

*Director's Award - Caleb Hooks*

*Valedictorian Award – Caleb Hooks (3.9375)*

*Salutatorian Award – Briana Harden (3.7813)*

*Professor Jemayne King Academic Award – Ke'Asia Snipes*

*Phoenix Award – Briana Harden*

*The 3 C's Award – Tagee Short*

## Special Awards

*TC Choice Award – Narya Mungo*

*Excellence in Service – Isaiah Lawrence*

*Distinguished Service Award – Gregory Ascitutto*

*The Conscious Parenting Award – Darren Harden*

*The Diamond Award – Jennie Haywood*

*Honorable Mention Award – Angela Nixon and Terri Mahiatha*





# Awards Ceremony (Continued)

## Parents' Association Awards

The Parents Association presented Certificates, Scholarships and Awards to Upward Bound students and parents during the 2017-2018 Awards Ceremony. Sincere gratitude is extended to Michelle Lawrence, President, and those individuals who supported the initiatives implemented by the Association (monetary, volunteered, etc.). The following awards were presented by the Parents' Association:

### Scholarships – Class of 2018

Hydia Glenn  
Ja'Dajah Mahatha  
Caleb Hooks  
Jonte' Haywood  
Breana Nixon  
Deionna Sadler

### Community Services (Certificates)

Jonte' Haywood  
Shamara Hendry  
Caleb Hooks  
Isaiah Lawrence  
Amayah Schofield

### Special Appreciation

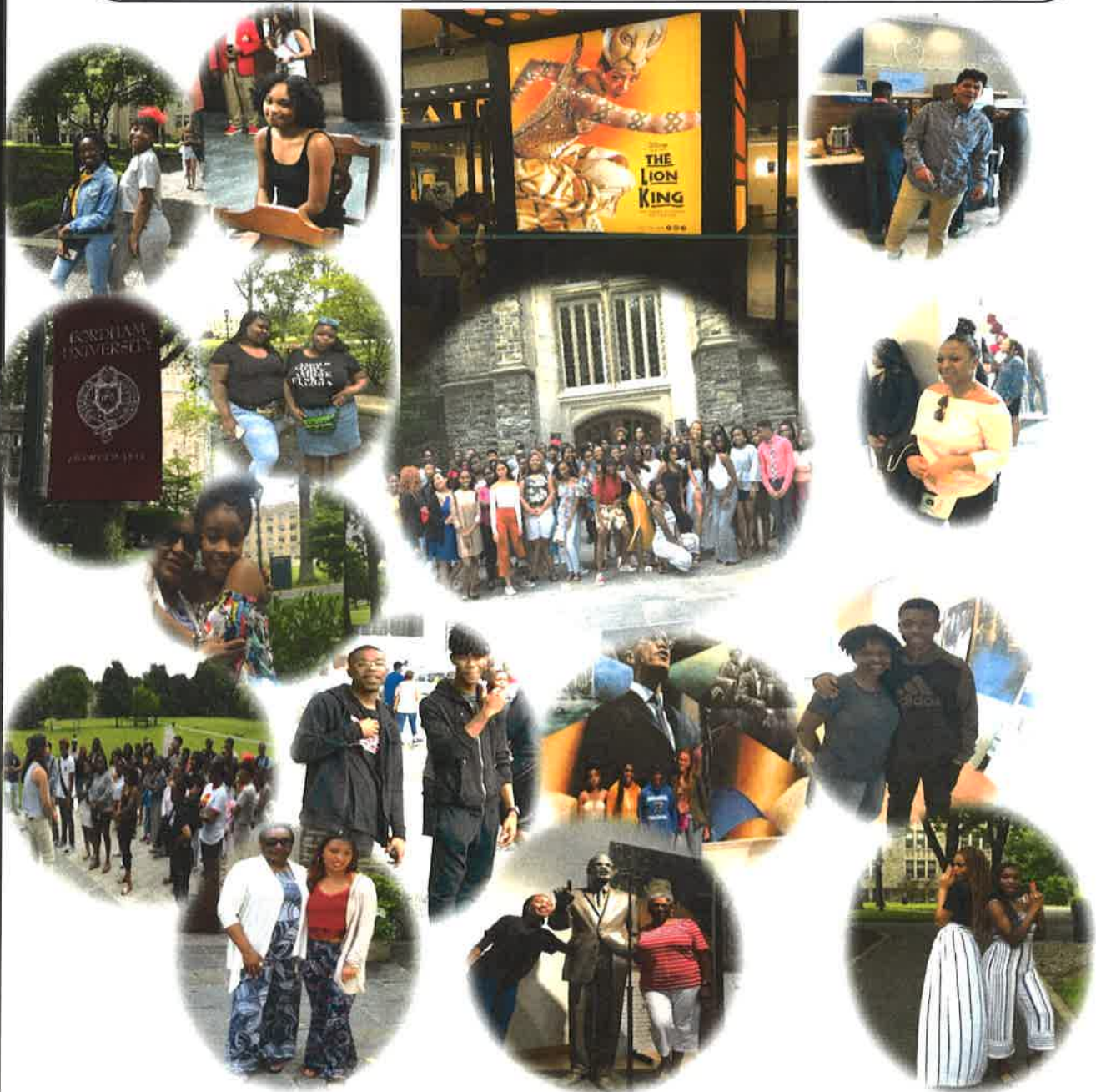
Jennie Haywood  
Angela Nixon  
LaToya Patterson



## Annual Summer Cultural/Educational Trip

The Upward Bound Program concluded Summer Component 2018 by travelling to New York for five days of educational and cultural activities. The following is just a snapshot of our excursion:

College Tours – Fordham University, Columbia University  
 Museums/Monuments/Educational Sites – Ground Zero, 125 Harlem, Times Square,  
 Harlem Renaissance Tour, Langston Hughes Home/I Too Arts Collection, Audubon  
 Theater, Schomburg Center for Research in Black Culture  
 Theater (Broadway) – The Lion King/Amateur Night at the Apollo  
 Dining – Sylvia’s Soul Food Restaurant, Dave & Busters, Dallas BBQ’s





## For Parents: Tips for a Successful Year

Parents want their children to do well in high school but sometimes it is a challenge to figure out how to support them. High school is a time when parent involvement is critical but often not present.

Following are some hints on how to help your teen get the most out of high school.

**Help your child show up at school with a good attitude and ready to learn.** Studies indicate that showing up is important but not sufficient for school success. Physical and mental states are important factors in getting the most from school.

**Keep tabs on school attendance.** Check report card attendance reports. If you suspect a problem, immediately call the school. Do not encourage your child to skip school for special trips or activities not related to school such as a family vacation or an outing with friends. That makes school seem less important than having fun.

**Make sure your teen gets plenty of sleep.** Recent studies show that teenagers need nine or more hours of sleep nightly and that students earning A's and B's generally are getting to bed earlier than students with lower grades.

**Don't accept the "I'm never going to use this after high school" excuse for not working hard in a particular class.** For example, algebra may not be everybody's favorite subject, but studies show that courses like algebra are critically important in college acceptance decisions and achievement.

**If you have a senior, beware of "senior slump".** Recent reports indicate that students may consider the last year of high school a waste of time. However, students who waste their senior year are often unprepared for college-level work even if they took challenging courses during their earlier high school years.

**Help your student organize time and materials.** Just because students are in high school does not guarantee they are all prepared to do high school work, especially long-term projects, on their own. Help your teen keep an assignment calendar for long-term projects as well as daily homework. Review the calendar at the beginning of the week to plan how time will be used and make allowances for other activities such as sports and clubs. Make sure there is a place for quiet study away from the television and telephone along with a place to keep school materials, including materials necessary for long-term assignments.

Take an interest. Studies show that parent involvement drops dramatically as students move from elementary school into middle and high school. Yet given the complexities of today's high school, this is a time when many students are most in need of parental support and involvement.

- You might not understand a subject such as physics or early American literature, but you can still listen to your teen talk about what is happening in class. Also listen to what is happening outside of class. Listen to what your teen is trying to say without immediately judging or offering advice
- Encourage your teen to join a club or sport at school. Outside activities are educational and often increase students' interest in school.
- Help your teens put their concerns or problems into words and encourage them to try and figure out possible solutions or coping strategies.

The ultimate goal is to help students become self-sufficient managers of their time and resources in order to get the most out of high school. They may need your help even if they don't realize it. Help them to develop habits and strategies for greater achievement while encouraging them to take increasing responsibility for their work.