

Johnson C. Smith University
Upward Bound Program
Academic Year Component 2025-2026
Orientation - Student & Parent Guide



Upward Bound. Where the Standard is Excellence!



## Upward Bound Program

An environment that nourishes your interests, motivates you to achieve far beyond your expectations, and supports your belief in yourself and your abilities.





# Johnson C. Smith University - Senior Staff



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New Era of Excellence!

### Johnson C. Smith University - TRIO Programs





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New Era of Excellence!

### Johnson C. Smith University - TRIO Programs





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New Era of Excellence!

# History & Theme

Upward Bound Program
Where the Standard is... EXCELLENCE!



TRIO is a set of federally funded college opportunity programs that motivate and support students from disadvantaged backgrounds in their pursuit of a college degree. More than 875,000 low-income, first-generation students and students with disabilities – from 6<sup>th</sup> grade through college graduation are served by more than 3,500 programs nationally.

### How Did TRIO Originate?

The original three TRIO programs were spawned by the Economic Opportunity Act of 1964, the result of President Lyndon B. Johnson's War on Poverty. Upward Bound was the first of the three to be funded. During the summer of 1965, the office of Economic Opportunity funded eighteen pilot projects across the nation.

#### **Mission**

To provide a multicultural and transformative experience which educates, prepares and motivates participants to complete high school, graduate, enter postsecondary education and complete it successfully.

#### Vision

Every young person and adult has an equal opportunity to prepare for, attend, and graduate from college. Graduation from any category of postsecondary institution is achievable and not limited by economic status, family background, or disability.

### Who is Served?

As mandated by Congress, two-thirds of the students served must come from families with incomes at 150% or less of the federal poverty level and in which neither parent graduated from college. Thirty-five percent (35%) of TRIO students are White, 35% are African-American, 19% are Hispanic, 4% are Native American, 3% are Asian American and 4% are listed as "other" including multiracial students. More than 7,000 students with disabilities and 6,000 U.S. veterans are currently served in TRIO programs as well.



### Why Are TRIO Programs Important?

Giving a helping hand to low-income students is both the right thing to do and in our national self-interest. Too many promising, even brilliant students, grow up in low-income surroundings with little family wealth to help smooth their paths. Helping them is a significant investment; the United States needs students from every background who are academically prepared and motivated to achieve success in order to remain competitive with other nations. But many challenges remain. And like it or not, family wealth makes all the difference in the world.

Low-income students are being left behind. Only 38% of low-income high school seniors attend college immediately after graduation, compared to 81% of their peers in the highest income quartile. Then, once enrolled in college, low-income students earn bachelor's degrees at a rate that is less than half of that of their high-income peers – 21% compared with 45%. *Council for Opportunity in Education (COE)* 

### Why Are TRIO Programs Important?

The growing achievement gap in our country is detrimental to our nation's success. There is a significant gap in educational attainment between America's highest and lowest-income students, despite similar talents and potential. While there are numerous talented and worthy low-income students, relatively few are represented in higher education, particularly at America's more selective four-year colleges and universities. While nearly 67% of high-income, highly qualified students enroll in a four-year college, only 47% of low-income, highly qualified students do so. Council for Opportunity in Education (COE)

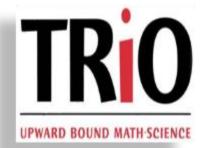








- Upward Bound
- Upward Bound Math & Science
- Educational Talent Search
- Student Support Services
- Veterans Upward Bound
- Education Opportunity Centers
- Ronald E. McNair Post-baccalaureate
  Achievement
- Training Program for Federal TRIO
   Program Staff









#### TRIO PROGRAMS AT A GLANCE

**Upward Bound** is an intensive intervention program that prepares students for higher education through various enrichment courses. Campus-based UB programs provide students instruction in literature, composition, mathematics, science and foreign language during the school year and during a six-week residential component in the summer. UB also provides intensive mentoring and support for students as they prepare for college entrance exams and complete admission applications, financial aid forms, and scholarship applications. (Projects – 964 serving more than 80,000).

<u>Upward Bound Math & Science</u> (UBMS) offers students a rigorous high school math and science curriculum to encourage and enable them to successfully major in critically important science, technology, engineering, and math (STEM) disciplines in college. Projects – 211 serves more than 13,100 students.

#### TRIO PROGRAMS AT A GLANCE

### High School Class of 2022 (UB/UBMS Statistics)

- Seventy-four (74%) percent of Upward Bound and 76% of Upward Bound Math-Science participants enrolled immediately in college, compared to only 56% of high school graduates in the bottom income quartile.
- In 2022, 42.8% of Upward Bound participants and 45.2% of Upward Bound Math & Science high school graduates attained a bachelor's degree within 6 years of enrollment. A 2022 report indicated only 11% of students from the bottom income quartile had attained a bachelor's degree by age 24.

  \*\*Council for Opportunity in Education\*\*

#### TRIO PROGRAMS AT A GLANCE

Talent Search – Projects serve young people in grades six through 12. Early intervention helps students to better understand their educational opportunities and options (Projects – 473 serving more than 312,000 students).

<u>Student Support Services</u> – Projects work to enable low-income students to stay in college until they earn their baccalaureate degrees. Disabled college students also receive the services offered (Projects – 1,069 serving more than 202,000).

#### TRIO PROGRAMS AT A GLANCE

**Veterans Upward Bound** – Provides intensive basic skills development and short-term remedial courses for military veterans to help them successfully transition to postsecondary education. Veterans learn how to secure support from available resources such as the Veterans Administration and other state and local administrations that serve veterans (Projects – 65 serving more than 8,500 students).

#### TRIO PROGRAMS AT A GLANCE

**Educational Opportunity Centers** – Serve displaced or underemployed workers from families. These centers help individuals choose a college and a suitable financial aid program. There are 142 Educational Opportunity Centers in the United States, serving more than 199,000 individuals.

The Ronald E. McNair Post-baccalaureate Achievement Program is designed to encourage low-income students and minority undergraduates to consider careers in college teaching, as well as prepare them for doctoral study. This program was named in honor of the African-American astronaut who died in the 1986 space shuttle explosion. (Projects – 206 serving over 5,806 students).

Since 1971, Johnson C. Smith University's Upward Bound Program has helped thousands of students prepare for a successful college education.



#### TRIO PROGRAMS AT A GLANCE

- □ In an effort to provide students with the skills needed to enter and complete a college or university of their choice, students participate in the Program throughout high school on a year-round basis.
- □ This structure is designed to help ensure their continued education. Upward Bound is divided into three components.
  - 1) Academic
  - 2) Summer
  - 3) Bridge

Federal TRIO Programs help students to overcome class, social, academic and cultural barriers to higher education.



### Academic Year Component

Welcome back, students! Let's "GET SMARTER" this school year. We promise you will have an enriching experience learning new things. We will provide you with the support you need to help you reach your fullest potential.

Theme and Program Services

# Academic Component - Theme

Destination Transformation: A Blueprint for Change



# Blueprint for Change — Stages for Transformation



## Program Services Overview

Services are designed to develop essential skills, study habits and discipline necessary for success in high school and college. The Academic Year services include:

- Tutorials
- Academic Saturday Classes
- College preparatory and career planning workshops
- College and university visits
- ☐ Study skills and test-taking strategy workshop
- ☐ Academic and personal counseling sessions
- ☐ Field trips to local businesses or cultural centers
- Personal development workshops
- Parent Seminars

## Program Services Overview

Being curriculum-based, the Program provides exposure to a wide variety of academic, cultural and social opportunities simulating a college experience. The plan is as follows:

- ☐ The students will begin the Program with a battery of tests to determine their academic strengths and weaknesses.
- □ Tutorials and Academic Saturday classes will be conducted and geared to high school course content and skills development.
- Advisement regarding careers, college admission, financial aid, etc. will take place to help guide students toward their academic and career goals.

## Program Services Overview

- Activities that encourage parental involvement, personal responsibility, and positive self-esteem are scheduled to empower students to overcome barriers that may impede academic success.
- Academic curriculum designed to help students recognize and develop their full intellectual potential in all disciplines (Language, Arts, Technology, and Science).

### Desired Outcomes

- ☐ Students consistently achieve a cumulative GPA of 2.5 or better on a 4.0 scale at the end of the school year.
- ☐ Increase the chances that students will succeed in high school and be accepted to a college or university of their choice.

# Standardized Testing

Students will begin the Program with a battery of tests to determine their strengths and weaknesses and receive Upward Bound services during the academic year.

"LASSI" (Learning and Study Strategies Inventory)

LASSI

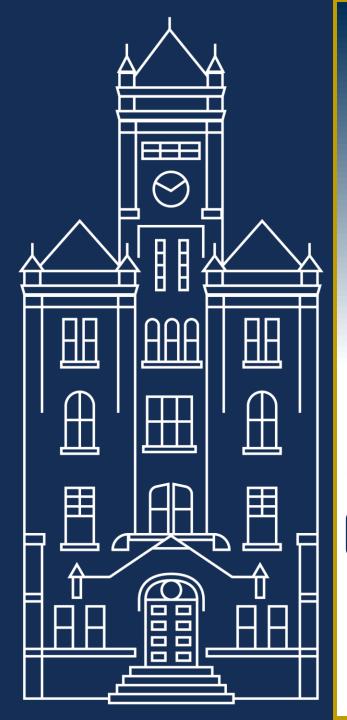
An assessment tool designed to measure students' use of learning and study strategies. It assesses the students' thought processes and behavior that impact studying and learning.

# Standardized Testing

#### TerraNova, Third Edition

Provides an efficient and comprehensive appraisal of students' progress toward widely accepted goals of a high school education. Scores may be used to analyze strengths and weaknesses and to plan and evaluate courses, remedial, enrichment and instructional activities. The following tests will be administered (Summer Residential Institute).

Reading Comprehension
Written Expression
Math Concepts and Problem Solving
Science



### **Tutorial Sessions**



The Dream Team



Candace Hamlin (Science- All)



Malik Richardson Math I & II



Maxine Hedgepeth English I - IV



Michael Owens Math III, Pre-Cal



JoAnn Summerville
Current Affairs, History

Tutoring is a one-on-one exchange of information and skills to help students achieve their maximum potential in the classroom.

A service providing extra help or information not obtained in the classroom situation.

Tutorials are conducted and geared towards high school course content and skills development.



## **Tutorial Objectives**

\*To reduce classroom failure rates.

\*To improve Upward Bound retention.

\*To serve as refresher sessions for students who are academically strong, but have forgotten basic curriculum principle.

\*To increase the student's understanding of the subject matter.





### **Tutorial Schedule**

4:00 p.m.

4:30 p.m.

5:15 p.m.

5:30 - 6:30 p.m.

6:30 p.m.

Report to Study Hall
One-on-One Tutoring
Break
One-on-one Tutoring
Depart Campus

6:30 - 7:00 p.m. 7:00 p.m. \*\*Mandatory Tutoring
Depart Campus

#### **Please Note:**

Students who receive and seek tutoring must demonstrate a fundamental desire to succeed.

Students who receive a D or F in a core subject are required to report for ADDITIONAL assistance from 6:30 - 7:00 p.m.



### Tutorial Session Guidelines

- > Students are expected to report to tutorials by 4:00 p.m.
- > Students will not be admitted or receive attendance credit after 5 p.m. without permission from the Director.
- > Students must attend 2.5 3 hours per week to complete schoolwork, enhance computer skills and receive individual tutoring.

REQUIRED to have following for Math, Science, English and Foreign Language (Spanish only).

Textbooks
Notes
Quizzes
Tests
All other assignments

Note: Students who fail to have the required materials for tutorials will not\_receive credit for Tutorial attendance.

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## Academic Saturday Sessions

- \*During the academic year, students benefit from bi-weekly Saturday sessions as a supplement to the classes taken at their high school.
- \*Students work in small classroom settings with an instructor.
- \*Sessions are held every 1st and 3rd Saturday for 3 hours of instruction. Curriculum/instruction is based on overall need of students, as determined by instructors.

\*Saturday Classes are conducted and geared to high school course content and skills development.



## Academic Saturday Schedule



#### **Humanities 108**

9:00 a.m. - 9:20 a.m.

9:30 a.m.

9:30 am -12:30 p.m.

12:30 p.m.

12:30 - 1:30 p.m.

Check-in

**Classes Begin** 

Classes

**Classes End** 

**Mandatory** 



## Academic Saturday Guidelines

\*Students must first sign in between 9:00 and 9:20 a.m.

\*Students are expected to report to Saturday sessions on time.

\*Anyone signing in after 9:30 a.m. must receive permission from the Director, before entering a class. REQUIRED to have the following for Math, Science, English and Foreign Language (Spanish only)

Textbooks
Notes
Quizzes
Tests
All other assignments





## **Curriculum – Core Courses**

- \*Math Algebra I & II, Geometry, Pre-Cal, Calculus, and Advance Functions
- \*Science Biology, Earth Science, Chemistry, and Physics
- \*STEM (Additional) Anatomy, Forensics, Robotics, Architecture, Web Design, Computer Science.
- \*English General Reading & Composition
- \*Foreign Language Spanish
- \*College Preparatory Course II (Seniors Only)
- \*Senior Research





# Workshops & Seminars (refer to calendar of events)

Activities that encourage parental involvement, personal responsibility, and positive self-esteem are scheduled to empower students to overcome barriers that may impede academic or personal success.





- \*Parent Association
- \*Parent Workshop
- \*Black History Month Program
- \*TRIO Day







## Academic Year Advisement

**Grade Reviews** 

Academic Standards

Attendance

Stipends

**Personal Advisement** 



## **Quarterly Grade Reviews**

All students' academic performance will be evaluated on a quarterly basis.

#### Process:

- Submit report card to Director or Academic Coordinator.
- □ Attend MANDATORY GRADE REVIEW.
- Establish a plan to improve grades, if needed.



## **Academic Standards**

Students must maintain a minimum 2.0 grade point average in the core curriculum (i.e. Math, Science, English, and Foreign Language) to remain in good standing.

#### **Process:**

- 1. Probation
- 2. Suspension
- 3. Possible Dismissal



## **Desired Outcomes**

- Students consistently achieve a cumulative GPA of 2.5 or better on a 4.0 scale at the end of the school year.
- Increase the chances that students will succeed in high school and be accepted to a college or university of their choice.





### Attendance

- □ Participants must attend Tutorials, Academic Saturday sessions, and any other Upward Bound activities.
- □ Students who are involved in extracurricular activities, that will cause them to be absent from UB, <u>MUST</u> submit a current signed "<u>Student Activity Sheet</u>". The Student Activity Sheet must be submitted at least 3 days prior to the activity.

NOTE: The <u>Student Activity Sheet</u> will excuse the student from only ONE session (i.e., tutorials or Academic Saturdays). \*Upon approved absence with a **Student** Activity Sheet, the student doesn't earn or lose behavioral points for that day.



### Attendance

Students who are involved in a school activity <u>MUST</u> adhere to the following process:

- Students <u>MUST</u> submit an activity sheet for any school activity that conflicts with a UB session. Activity sheets <u>MUST</u> be submitted 3 days before the anticipated absence.
- A copy of practice and game schedules <u>MUST</u> be submitted with the activity sheet.
- The activity sheet must be signed by the activity coach/sponsor.
- Failure to submit an activity sheet for a missed UB session will result in a recorded absence and loss of points.



# Attendance

#### Reminder!

\*Students must sign in at the start of each Tutorial and Academic Saturday session or activity. Students must sign out at the conclusion of each session (Check-in/Check-out with staff).

\*If a student fails to sign in/sign out, they will be considered absent.



# Stipends

Students earn a monetary reward for active participation in the Program and for meeting the grade point average requirements.

#### **Stipend Ineligibility:**

- A student may forfeit part or all of their stipend if their responsibilities are not met.
- A student will forfeit their stipend if they fail to submit a "Report Card" by the quarterly deadline.
- A student who is on probation (*academic or behavioral*) will forfeit their stipend until their probationary period has expired.



# Program Participation Points

Tutorials
Attendance
Earn 20 Points

Tutorials
Non-Attendance
25 Point Deduction

Participation Point Scale Academic Component

1<sup>st</sup> Quarter - 150

2<sup>nd</sup> Quarter - 300

3<sup>rd</sup> Quarter - 450

4<sup>th</sup> Quarter - 600

**Saturday Attendance** 

Earn 75 Points

Saturday

Non-Attendance

100 Point Deduction

1<sup>st</sup> Offense – Probation
 2<sup>nd</sup> Offense – Suspension
 3<sup>rd</sup> Offense – Possible Dismissal

Other Consequences
Stipend Suspension
Travel Suspension



## Personal Advisement

Personal advisement regarding Careers, College Admission, Financial Aid, etc. will take place to help guide students toward their academic and career goals.

- Work with each student to develop educational achievement strategies designed to help guide high school achievement and college planning.
- Academic progress is monitored on a quarterly basis. Work closely with students during their senior year to assist them in selecting colleges, applying for college admission, housing and financial aid.



\*While in attendance, students will be expected to adhere to the guidelines outlined in the Student Handbook.

Policies & Procedures

\*Students who fail to abide by the regulations or are disrespectful and uncooperative with the staff may be denied credit, sent home, and/or face the possibility of probation, suspension, and/or dismissal.



To ensure a smooth-running program and promote the well-being of all, it is necessary to establish guidelines for expected behavior.

Quite simply, the Upward Bound Program at Johnson C. Smith University expects its participants to do the following:

Be Responsible

Maintain a Positive Attitude

Attend Scheduled Events during the School Year



Along with these expectations, Upward Bound students should note the following:

- □ Use of alcohol and/or drugs of any kind is not tolerated. Students caught in the possession or under the influence of such substances will be removed from the Upward Bound Program immediately. The student(s) involved will be terminated from the Program. NO EXCEPTIONS!!!
- Harassment and intimidation of other participants or staff is strictly prohibited. Participants who verbally or physically abuse other students or staff may be asked to leave the Program.



Along with these expectations, Upward Bound students should note the following:

- \* Adhere to the Electronic Device Policy.
- \* Adhere to the Dress Code.



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## Parent Information! Academic Year Component 2025-2026

- The Upward Bound Program is a Community!
- ☐ There are several ways that you can assist UB to ensure student success:
  - (1) Make a commitment to ensure that your son/daughter participates in all the functions offered.
  - (2) Consistently monitor your son/daughter's academic progress. Be aware of the scheduled dates for submitting your son/daughter's report cards.
  - (3) Notify the office of any changes that may occur in your son/daughter's behavior/academics, as well as changes in addresses, etc..
  - (4) Demonstrate your commitment to the Parents' Association by attending scheduled meetings, sharing your vision, and participating in planned activities.
  - (5) Upward Bound's Plan of Action (See Director 's Message in Orientation Packet).

